

The Homecoming

Let's Celebrate the Dawn of a New Era in The Developmental Services Sector!

Please Join Norfolk Association for Community Living to Celebrate the Closure of Ontario's Institutions for People with Developmental Disabilities!

Friday, June 12, 2009

2:00 p.m. to 4:00 p.m.

Norfolk Association for Community Living

644 Ireland Rd., Simcoe, ON.

Please park at Fanshawe College next door

RSVP 519-426-5000

Success Stories, Music & Light Refreshments

Everyone Loves A Parade!

We Need Your Help!

Are you creative, like to recruit helpers and enjoy planning & organizing?

If you would like to be involved in planning and organizing a float for NACL to participate in the various parades in Norfolk County, please call Stella Galloway at 519-426-5000 X221.



FORE!
All NACL Staff Get Ready To Tee Off!

The Social Committee invites you to a Golf Fun Day.

Friday, June 26, 2009
Woodside Golf Greens

4:00 p.m. start for the first 36 golfers to sign up.

Golf & Dinner - \$40.00/person
Dinner Only - \$25.00/person (Black Angus Grill & more)
Golf Only - \$18.00/person

For more information, please email or call June Ferris at june@nacl.ca or 519-426-5000 X216. Final Registration Day is June 12, 2009.

Mark Your Calendars!

INSIGHT

Norfolk Association for Community Living

Mailing Address: 644 Ireland Rd., Simcoe, ON N3Y 4K2 (519) 426-5000

President: Al Winger

Interim Executive Director: Stella Galloway

INSIGHT Editors: Donna Hussey & Linda Newbery

A United Way Member Agency

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Membership applications are available at the NACL office.

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www.nacl.ca

Remember to send your articles anytime in three convenient ways . . .

Email: resourcecentrehelp@bellnet.ca
Fax: (519) 428-2879 or (519) 426-5744
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NACL's Friends & Family Picnic

NACL Employees
People Supported & Their Friends & Families.

July 12, 2009

More Information To Follow!



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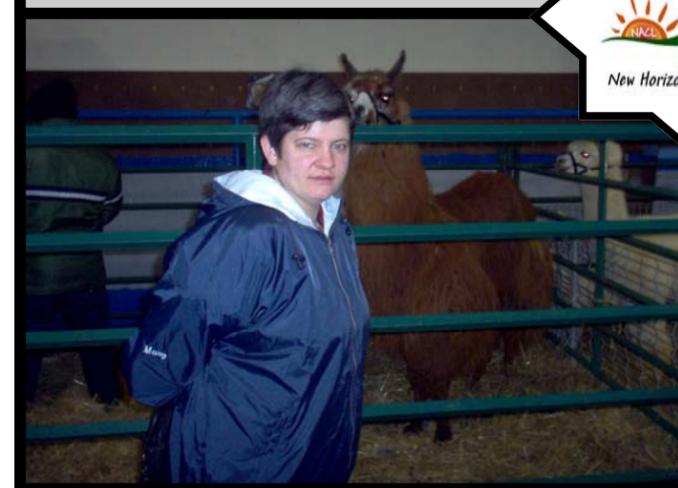


Newsletter of the Norfolk Association For Community Living

INSIGHT

May 2009

Mary Finch enjoyed her day with New Horizons Respite Service at the Wildlife Show at the Aud. She is checking out the Llama they had there for everyone to see!



Randy Fraser going for a Turkey at the Annual Bowl For Kids Sake Day with the New Horizons Respite Service. *He got it!*





President's Report - Al Winger

As we move towards summer, I hope everyone has their flowers and gardens planted.



On April 17, 2009, our 3rd Annual Best Dressed Man Fashion Show was held at the Lighthouse Theatre in Port Dover. It was a great success with a very good turn out. A good time was had by all! I would like to thank all who helped or participated. Particularly, I'd like to thank Margaret Ryerse, our MC for a job well done!

I would like to remind everyone of our Annual General Meeting on June 10, 2009 at the Legion in Simcoe. The Ventures Café is again catering so order your tickets today!

Thought for the day: "A problem is your chance to do your best."

Interim Executive Director News - Stella Galloway



Thanks to everyone who has provided such wonderful support, assistance and patience with me as I fill the shoes of Interim Executive Director. There are many positive and exciting things happening at NACL. The celebrations for our 55th anniversary have provided many opportunities for people involved in NACL services, staff, families and friends to come together and recognize the efforts and accomplishments of everyone. I am so pleased that many of these events were so successful that they will be carried forward by new groups of people.

The last few months have been particularly busy. Of course the celebration of the closure of Ontario's last facilities on March 31, 2009 was a monumental milestone for all community members. In particular, it held a special place for the many previous volunteers, board members and activists from our local community who worked tirelessly to close facilities and develop the community resources to keep loved ones in their home communities. Hosting The Freedom Tour movie presentation at the Strand Theatre helped us understand where we have been as a sector and remind us that "An institution is not just a place, it is the way people think" (words of Pat Worth)

At the beginning of April an information session on the new "Social Inclusion Act" was held. It is important that everyone have information on this act that replaces the "Developmental Services Act". Plain language documents are available at the head office if anyone is interested in gaining more knowledge on this.

And what fun we had raising money for NACL with the 3rd "Every Girl's Crazy 'Bout a Sharp Dressed Man" fashion show. Thanks to all the many volunteers who worked so hard to make this such a successful event.

Looking over the past year's events, it was evident that our 55th Anniversary celebrations were very successful and well received. Unfortunately all good things must end, but don't worry there are many thoughts for the next round of celebrations at our 60th anniversary, the Diamond Anniversary!!



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Winners'
General Staff Meeting
April 28, 2009
Morning & Afternoon
Circle!

- Vicki Monkman 4 tickets to Super Stars
- Health Dept. Guest Speaker—"Managing Stress"
- Sharon Coulson NACL Lawn Chair
- Vicki Monkman Health Unit Gift Basket
- Patty Bullement 4 tickets to Super Stars
- Colleen Vance NACL Lawn Chair

www.nacl.ca

NACL's website has a new and improved look! Be sure to check it out! Your input is appreciated so if you have any ideas or pictures you'd like to add, please call Linda at 519-426-5000 X224.

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NACL Presents...

GETTING TO KNOW YOU, GETTING TO KNOW ALL ABOUT YOU...



Julie Broughton has been employed with NACL for over two years and holds a night supervisor position. Julie enjoys spending time with her family and is currently in the exciting time of planning her wedding. Recently, Julie volunteered to chair our Employee Social Committee. Julie is pleased to have the first event, the Wine and Cheese, under her belt and is looking forward to some really fun events in the future.



If you have any ideas or questions on the Social Committee please feel free to contact Julie.

Also, Julie applied for and was accepted by the Rotary Club of Norfolk Sunrise as a candidate for the Rotary Youth Leadership training that will take place in New York State for a week in June.

Congratulations Julie!!

Stella Galloway has taken on the role of interim Executive Director for the Norfolk Association for Community Living since August of 2008. Stella has a long history working with NACL having filled the position of Job Links Manager from her start with the agency in 1991. A graduate of Durham College, Stella worked with a number of employment related organizations before bringing her skills to people supported by NACL.



is busy filling the shoes of wife to her husband, Dan, otherwise known as one of Norfolk County's *Two Fairly Fat Guys*. Mom to Mary Ann and Mitchell and step mom to Eric, Scott and Shelby. Stella spends a lot of time as taxi driver to cheer on Dance, Hockey, Soccer and Baseball.

If this is not enough to keep a woman busy, Stella is an active member of the Rotary Club of Norfolk Sunrise and a volunteer with productions at the Simcoe Little Theatre. In her few moments of spare time Stella loves to travel and particularly to relax on the beach.

When she is not busy filling the shoes of the interim Executive Director for this growing organization, Stella

In February of 2009 **Shirley (Stillwell) Ramsey** resigned from her position as a Lifestyle Counsellor I that she had held since September of 1988. Luckily for NACL and the people she supports, she will continue to work external relief for the organization.



has always enjoyed working with individuals and their family members, the experts. Shirley has always believed that families are strong advocates for their loved ones and that they need to be valued by service providers. Shirley considers the opportunity to observe people grow, develop independence and reach their full potential as well as working with committed, caring co-workers to be the highlight of her career with NACL. In her personal life, Shirley is the proud mom of two sons, one daughter and three grandsons!

NACL is truly fortunate to have Shirley continue to be a valuable employee and we would like to take this opportunity to say, "THANK YOU" to her for all of her years of dedication to the people we support and to the agency.

At the beginning of her career with NACL, Shirley helped write, develop and implement SIL programs and helped to integrate individuals into holding meaningful community volunteer positions in Haldimand. Also, Shirley worked during the time when people began moving out of institutions and back into their community. She fought to have individuals respected and treated as adults and to realize their rights to live as valuable, contributing members in their community. This will always be Shirley's passion! She

Brandy Turner has been with NACL for two years. Her favourite memory is of having a great time at the zoo with an amazing staff member and a person NACL supports. Brandy was part of a team who supported people in a move to a new home in a new town. She found this a very positive experience.



She was instrumental, along with the hard work of her committee, in pulling together this successful NACL fundraiser. Last fall, Brandy volunteered her time with NACL's Pumpkinfest Parade float.

During Brandy's spare time, she enjoys reading, writing, swimming, lounging on the beach, hanging out with friends/family, scrapbooking, painting, hiking and being outdoors. Welcome Brandy!

Recently, Brandy was the Chairperson for the "Every Girl's Crazy 'Bout A Sharp Dressed Man" Fashion Show.

"The Boys Are Back In Town"

The "Sharp Dressed Man" fashion Show, a NACL fundraiser, took place on Friday, April 17th at the Port Dover Lighthouse Festival Theatre. Everyone attending was in hysterics watching the interaction between our "Mistress of Ceremonies", Marg Ryerse, and the models. Each routine provided an element of shock & awe leaving the audience wanting more. Marg's entrance doing the "Ellen Show" antics and performance throughout was priceless. And we all got to see a softer side of Marg with her gorgeous outfits from Nouveau Orié and Jordan Stewart.

Our "Concierge" for the evening, Mike Lalone, did a great job of getting the audience revved-up and assisting our Mistress of Ceremonies for the night. He looked quite dapper and suave in that tuxedo from Carter's didn't he ladies?!

This year the Fashion Show Committee decided to add female models to the event. We had two brave fashionists work the catwalk like pros. Thanks to Colleen Vance and Jeannie Kruck for modelling the feminine side.

We were also lucky enough to have two of "Norfolk's finest boys in blue", Norfolk OPP Inspector Zvonko Horvat and OPP Community Services Officer, Jeff Walraven as our guest models for the evening. Thanks to Zvonko and Jeff for all your time and effort for the fashion show. The women really appreciated you "giving back to the community".

Also many thanks to our NACL Board of Directors' President Al Winger and guest model Brandon Walker for being such good sports and taking their turn on the catwalk.

A special addition to our show this year was "Latino Dancing", provided by Najla Speichert and her Assistant, Marina. Najla opened and closed the show with vibrant Samba and Salsa dances to get our audience going. Many thanks to Najla for providing such hot and spicy entertainment.

And, of course, thank you to our NACL male models for strutting their stuff down the runway and creating all that hooting and hollering from the ladies. Thank you to:

Karl Allan Cody Smith Rene Rice Corey Gilbert Mark Linton Nathan Cann Mike Cree

Special thanks to all our Retailers who supplied the clothing. The outfits looked great and your assistance was appreciated:

**Carter's Men's Wear, Simcoe
On The Fringe Custom Leathers, Port Dover
Watkinson's Men's Wear, Port Dover
Nouveau Orié, Port Dover**

**Dave's World, Port Dover
Mark's Work Wearhouse, Simcoe
Harry's, Simcoe
Jordan Stewart, Simcoe**

Lastly, thank you to Brandy Turner, Chair of the Fashion Show Committee and all of her committee members for all their efforts in making this fundraiser such a success! See you next year!





Business Support Services 10 Year Service Award Recipient



On Wednesday, February 25, 2009, Business Support Services accepted an award for 10 Years Service with Welcome Wagon.

Business Support Services has participated in two Welcome Wagon Bridal Shows over the last ten years. We have displayed our wedding line services and explained our services to thousands of brides over the years. Here are some of our thoughts and reflections over the last ten years:

- One of the best parts is seeing a lot of people.
- We really enjoy meeting the brides and grooms.
- The brides come to get information on our services and we explain them.
- There are a lot of sponsors and we enjoy talking with them.
- The Welcome Wagon team is always nice and helpful.
- We enjoy watching the fashion show, especially the male models. They are sometimes funny on stage. It makes the show fun!
- We go to the bridal shows to learn the latest trends and colours for the season.
- We like to go on stage to present our door prize gift basket to a winning bride. One time the audience applauded me when I went up on stage.
- The Welcome Wagon staff come and talk to us during the show.
- We owe a special thanks to Virginia Drayson. She makes us feel so welcome and she is a lovely person to work with. We thank her for her continued support and for presenting us with our award.



We have enjoyed working with Welcome Wagon for the past ten years and look forward to many more shows!

RuthAnn, Sheila, Jean, Debbie, Cindy, LoriAnn and Arlene
Business Support Services



LoriAnn, Sheila, & Debbie

Arlene, Cindy & Valerie Smit along
with Welcome Wagon Show Staff and Sponsors

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In Memory of Judy Gillard
April 7, 2009

Judy's Favourite Things

Going for walks or sitting outside
Enjoying a cup of tea

Laying in bed watching my DVD
These are a few of my favourite things!

Snuggling up with my horse blankets
Watching the shows on TV
Looking at my horse book gave a smile to me
These are a few of my favourite things!

Having my hair washed and conditioned
My nails buffed, painted and filed
And having my hair coloured and styled
These are a few of my favourite things!

Mesmerized by John and Kate, the Baby Story
And What Not To Wear
Nick Rojo-her fist would flare
These are a few of my favourite things.

I like playing with my dolls
Lipstick, eye make-up and brets. . .tee hee
That my sister, Maureen, bought for me
These are a few of my favourite things.

Hotdogs, cake, ice cream and pop
I like to eat my "bunny"
The Witchdoctor is very funny
These are a few of my favourite things.

*Judy you are sadly
missed but never
forgotten!*

*Your Housemates and
Staff (73 Oak Street)*

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